2019 Senior Girls Basketball

Zone 4

League Coordinator: Adrian Low, MacCorkindale <u>alow@vsb.bc.ca</u> 713-4775

School	School #	Team Contact			
Henderson - A	4837	Johnny Wu			
Henderson - B	4837	Sonia Jagpal & Kim Seto			
Laurier	4925	Andrew Fisher			
Moberly	4579	Shivani Malawarair & Marlon Brown			
Sexsmith	4901	Dave Biln			
Trudeau	4865	Deb Forsyth			

REMINDER:

- No zone defense allowed
- Only person to person defense (help defense is permitted please see policies for description)
- No full court press of any type allowed
- Each team should try to have a minimum of 10 players. Each player on the team will receive an equal share of playing time.
- There must be as complete a line change as possible. Line changes will <u>only</u> be made at the 5 minute mark of all four quarters. Other substitutions are only permitted in injury situations or when a player is ejected from the game.

Date	Home		Away		Location
24-Jan-19	Henderson - A	VS	Moberly	@	Henderson
	Sexsmith	VS	Trudeau	@	Sexsmith
	Laurier	VS	Henderson - B	@	Laurier
31-Jan-19	Sexsmith	VS	Laurier	@	Sexsmith
	Trudeau	VS	Moberly	@	Trudeau
	Henderson - A	VS	Henderson - B	@	Henderson
7-Feb-19	Trudeau	VS	Laurier	@	Trudeau
	Henderson - A	VS	Sexsmith	@	Henderson
	Moberly	VS	Henderson - B	@	Moberly
14-Feb-19	Laurier	VS	Moberly	@	Laurier
	Henderson - B	VS	Sexsmith	@	Henderson
	Trudeau	VS	Henderson - A	@	Trudeau
21-Feb-19	Henderson - B	VS	Trudeau	@	Henderson
	Moberly	VS	Sexsmith	@	Moberly
	Laurier	VS	Henderson - A	@	Laurier